



Rio Arriba County Detention Center (RACDC) POLICY 093 RECREATION

The Rio Arriba County Detention Facility shall provide recreational activities for inmates on a daily basis to ensure their physical and mental health. Inmate recreational activities shall include leisure time activities and physical exercise.

Recreational activities provide inmates with an outlet through which physical energy and tensions are relieved in non-destructive ways. This not only improves the physical and mental health of inmates, it also reduces vandalism in the facility and makes it easier for staff to work with inmates.

Leisure Time Activities

1. Leisure time activities may include:
 - a. Television/Radio
 - b. Library services if available
 - c. Table games
2. Inmates shall be permitted to watch television from 7:00 a.m. to 10:30 p.m. Sunday through Thursday and from 7:00 a.m. to 12:00 p.m. on Fridays and Saturdays.
3. Inmates shall be permitted to play table and card games from 7:00 am to 10:30 pm daily.
4. Restrictions may be placed in areas where housekeeping duties are not being completed.

Outside Recreation

1. Inmates shall be permitted to go to the recreation yard at least one hour per day.
2. Maximum security inmates and isolation inmates will be permitted to go the recreation area only upon approval from the chief of security.
3. Anytime inmates are in the recreation area detention staff shall be directly supervising.



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4. Inmates that refuse to go to the recreation area when offered shall not have another opportunity to use the area until the next scheduled opportunity arises.
5. At no time will inmates in the recreation area be left unsupervised.